

# Messages from the Masters

## Timeless Truths for Spiritual Seekers

by

Richard Andrew King

### Table of Contents

Chapter	Title	Page
Introduction		9
Chapter One	In Search of Truth	11
Chapter Two	Masters: Part I	27
Chapter Three	Masters: Part II	55
Chapter Four	Divine Diet	83
Chapter Five	The Human Form	117
Chapter Six	Reincarnation	147
Chapter Seven	The World	175
Chapter Eight	The Negative Power	219
Chapter Nine	Soul Food	257
Glossary		295
Catalogue of Poems		301

Richard Andrew King's Books  
[www.richardking.net/books.htm](http://www.richardking.net/books.htm)